



Annual Report 2020/2021



ALUMNI GATHERING ON 3RD MARCH 2021
(INTERNAL MEDICINE)

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2007 WHITE COAT CEREMONY

2021 is a significant milestone for the Duke-NUS alumni as we celebrate the 10th year reunion of our pioneer class, and two classes celebrate their graduations in the same year - an in-person second-go-around for the Class of 2020 and a virtual one for the Class of 2021! It is also a year in which the COVID-19 pandemic continues to test how quickly we can adjust plans and activities according to the ever-changing guidelines.

Alumni events this year focused on our alumni's personal and professional development. The first event was a personal finance talk by Mr Wong Yong Jie from the Duke-NUS Alumni Relations team, who has developed deep knowledge and experience in personal finance. Next up was a novel collaboration with NUS Business School's alumni office: Health and Wealth series for alumni of both schools. The first part of our joint initiative was a five-part Positive Psychology series with Dr Mara McAdams, and the second part, which is still ongoing, is the Improve Your Financial Health programme, in which invited alumni from NUS Business School share their expertise on topics such as personal finance and investments.

In line with the theme of personal and professional development, alumni newly matched to residency programmes were individually linked up with senior alumni in the residency to facilitate the transition to residency. Many of the groups took advantage of the offer to meet for a meal and reported that it was a lovely way to make friends in residency and to network within the Duke-NUS alumni community.

It is wonderful that every year we welcome new members to the Duke-NUS alumni family. And so we welcome the Class of 2021! We are excited to have you onboard! We would love to continue to support and partner all alumni, residency groups, and interest groups for future engagements. Please share your ideas with us, be it personal and professional development events, a social gathering or mentoring students, and we will work with you to make them a reality!

President's Message

To my dearest fellow alumni,

K.O.K.O., Four letters my high-school economics professor and personal mentor used to encourage me and my friends. **Keep On Keeping On**, a simple yet effective catchphrase to remind us to chug along when seemingly insurmountable challenges wore us down. The growing pains of high school are now from a distant past and it's been a while since I last spoke to my professor, but his advice still helps me get through my daily tasks, especially in these recent years with the unpredictability of the COVID situation.

I am proud to say that despite the many limitations, our alumni have also kept on keeping on through the COVID pandemic. Dr Paul Tan, my classmate and cycling buddy, won the National Outstanding Clinical Scientist Resident Award and Dr Wu Hong King, our previous DNMA committee member, won the Singapore Health Quality SuperHero award for 2021! Other than these major awards, many of our alumni have also achieved career milestones despite the pandemic. 24 of us have completed residency training, some have cleared major exams and progressed into senior residency. 36 of our junior alumni have also been accepted into the various competitive residency programs. Outside of work, I also frequently hear colleagues and friends achieving personal milestones, getting married, getting their new house, having kids, and starting new relationships.

This year marked the 10th anniversary of our pioneering class's graduation. I had the opportunity to witness this class in action as students when I was one myself and from then until now, they never fail to inspire me with their fire and their drive to break barriers. We will forever be grateful for the roads they have paved for us, moulding the residency program in its birthing years and fighting for rights of junior doctors ever since they were house officers! I am also personally indebted to my predecessor, Dr Chia Ghim Song, who set the building blocks for DNMA. I would like to congratulate him and his class for all their achievements, we are grateful and proud to have you as part of our alumni!

At the risk of seeming to toot my own horn, I would like to mention how our stellar DNMA team has also managed to keep on keeping on. We have not been allowed to meet physically. Our signature event, the Duke-NUS Alumni Dialogues has been put on pause indefinitely. We haven't even met as a committee for more than a year. With the help of our amazing support team, led by Dr Mara McAdams, our DNMA stayed active despite the shackles of COVID! Making full use of Zoom meetings, the DNMA team executed several events, hoping to cater to your interests. The Yoga session, trivia night, and leather-crafting workshop were arranged to help us unwind from our busy work schedules. The personal finance talk, held by our very own Yong Jie, was an informative session to help us understand the complex terminologies of the financial world and plan how to budget our finances. Due to encouraging feedback, we expanded this to the Health & Wealth series in collaboration with NUS BIZAlum. Dr Mara held an amazing 5-session Positive Psychology series where her dedication and enthusiasm to promote our wellbeing and resilience shone through. As someone who benefited from her sessions, I urge everyone to approach her or any of our DNMA team if you'd like to know more about her techniques and strategies to help keep us going! We quickly followed up with two finance talks arranged by our NUS BIZAlum colleagues, featuring Seedly founder, Mr Kenneth Lou and Propnex Realty division director, Ms Julia Goh. This past year and a half have been exceptionally challenging for many of us, myself included. For our non-Singaporean alumni (I am one of you), the inability to see our family members physically for more than a year has been a heavy weight that I hope will come off our backs sooner than later. No one can predict what COVID has in store for us and the uncertainty can be especially tough for some of us. If you need help or if you need someone to talk to, don't hesitate to reach out to me or any of our DNMA team, we are here to help each other out! No matter what COVID brings, be it more virulent variants and louder anti-vaxxers, be it more lockdowns, social distancing and travel restrictions, QOs, SHNs, RRTs, and more complicated acronyms, I encourage you and all our fellow Duke-NUS alumni to Keep On Keeping On (K.O.K.O.)!

Regards,

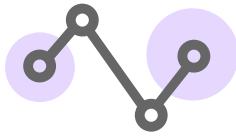
Maverick (Class of 2013)

President, Duke-NUS Medical Alumni Committee

OUR OBJECTIVES



To represent and promote the interests of Duke-NUS Medical Alumni



To facilitate interaction and networking amongst the alumni members



To strengthen ties between medical alumni and Duke-NUS Medical School



To promote the interests of Duke-NUS Medical School



To promote the advancement of medical education and medical research



To foster goodwill among the local and regional community through community service activities

DNMA MANAGEMENT COMMITTEE



Dr Felix Maverick Rubillar Uy
PRESIDENT



Dr Anuradha Pandey
VICE-PRESIDENT



Dr Kenneth Chin
SECRETARY



Dr Lek Sze Min
ASSISTANT SECRETARY



Dr Edwin Yang
TREASURER



Dr Eric Cher
ASSISTANT TREASURER



Dr Chia Ghim Song
HONORARY AUDITOR



Dr Maryanne Romero
HONORARY AUDITOR

DNMA COMMITTEE MEMBERS



Dr Tan Xian-li Olivia



Dr Nicholas Shannon



Dr Chan Yuan-Lang, Brian
CLASS AMBASSADOR (CLASS OF 2017)



Dr Ruan Xucong
CLASS AMBASSADOR (CLASS OF 2017)



Dr Gwen Hwang
CLASS AMBASSADOR (CLASS OF 2018)



Dr Goh Kian Leong
CLASS AMBASSADOR (CLASS OF 2018)



Dr Samantha Tan
CLASS AMBASSADOR (CLASS OF 2019)



Dr Tan Si Qi



Dr Michael Yan Shi
CLASS AMBASSADOR (CLASS OF 2019)

2021 is our election year and if you or your friends are interested in being part of the DNMA committee, we hope to receive your nominations!

ALUMNI INVOLVEMENT

Alumni Teaching and Sharing

Social Events

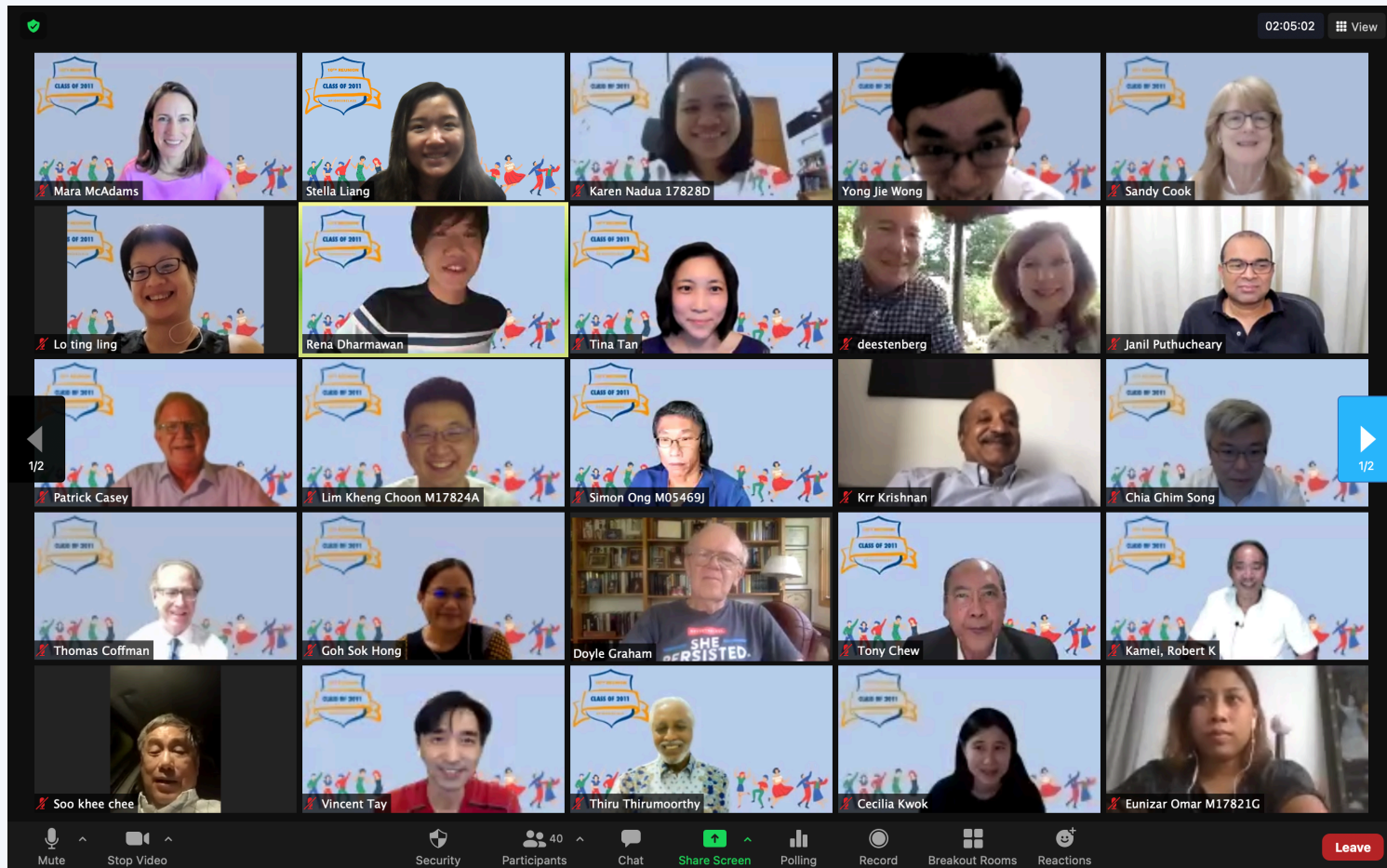


Community Service Events



**More than 210
hours collectively
contributed by
more than 40
alumni**

**Thank you for your support and
contribution!**



Class of 2011 10th Year Reunion

Back in the year 2011, the inaugural Class of 2011 graduated and now, in the year 2021, Duke-NUS marked the momentous event with a 10th Year Reunion celebration. Drs Rena Dharmawan, Shan Koh Bundgaard, Chia Ghim Song and Lim Kheng Choon from the Class of 2011 joined the department of Alumni Relations as Reunion Co-Chairs to plan the event and engage their classmates. Invited guests included the Class of 2011 alumni, their families and key faculty members who impacted the class and the founding of the school.

Former Dean Prof Ranga Krishnan zoomed in from Rush Medical College in Chicago, co-creator of TeamLEAD Prof Doyle Graham joined from North Carolina and former Student Affairs Dean Prof Craig Stenberg participated from Arizona with his wife. Locally, we were honoured to have Dr Janil Puthuchear present to join the other local founders such as Mr Tony Chew, Prof Soo Khee Chee, Prof Pat Casey, Prof Robert Kamei, Prof Thiru, Prof Sandy Cook, Prof Lim Shih Hui and Prof Simon Ong. Both Mr and Mrs Tony Chew, who have been an integral source of support and motivation for alumni development, were also present. Joining the session too were core admin staff like Ms Goh Sok Hong from the former MERE department, who remains to this day a key personnel running the curriculum with great support from the faculty members. It was heartwarming to see everyone reminiscing the good old days and catching up with one another.

NEWLY MATCHED ALUMNI

We would like to congratulate our alumni who recently got matched!

NHG Family Medicine

Dr Chua Teck Beng (Class of 2019)

NHG Psychiatry

Dr Haikel Lim (Class of 2020)

NUHS Anaesthesiology

Dr Zach Tan (Class of 2019)

NUHS Family Medicine

Dr Nicola Lew (Class of 2020)

Dr Alice Lo (Class of 2020)

NUHS Internal Medicine

Dr Lawrence Law (Class of 2015)

NUHS Preventive Medicine

Dr Lee Jun Jie (Class of 2020)

Dr Lim Gim Hui (Class of 2020)

NUHS SIP Hand Surgery

Dr Heng Shu Yun (Class of 2019)

SHS SIP Neurosurgery

Dr Feng Tingting (Class of 2016)

SHS Anaesthesiology

Dr Daryl Tan (Class of 2018)

SHS Diagnostic Radiology

Dr Benjamin Kuo (Class of 2018)

Dr Ni Wenwen (Class of 2018)

Dr Samatha Tan (Class of 2019)

Dr Justin Hsieh (Class of 2020)

SHS Family Medicine

Dr Edlyn Tan (Class of 2018)

Dr Dominic Chia (Class of 2020)

Dr Sean Chua (Class of 2020)

Dr Lee Li Wen (Class of 2020)

Dr Adrian Ng (Class of 2020)

SHS Internal Medicine

Dr Huang Xinxin (Class of 2019)

Dr Jasmin Koh (Class of 2019)

Dr Gerald Liew (Class of 2019)

Dr Aaron Tan (Class of 2019)

Dr Kendra Tang (Class of 2019)

Dr Koh Tracy (Class of 2020)

Dr Kwan Yu Heng (Class of 2020)

Dr Kwek Swee Sen (Class of 2020)

Dr Meredith Tan (Class of 2020)

Dr Mohamad Fadhli (Class of 2020)

SHS Ophthalmology

Dr Debra Quek (Class of 2018)

SHS Paediatric Medicine

Dr Amelia Koe (Class of 2018)

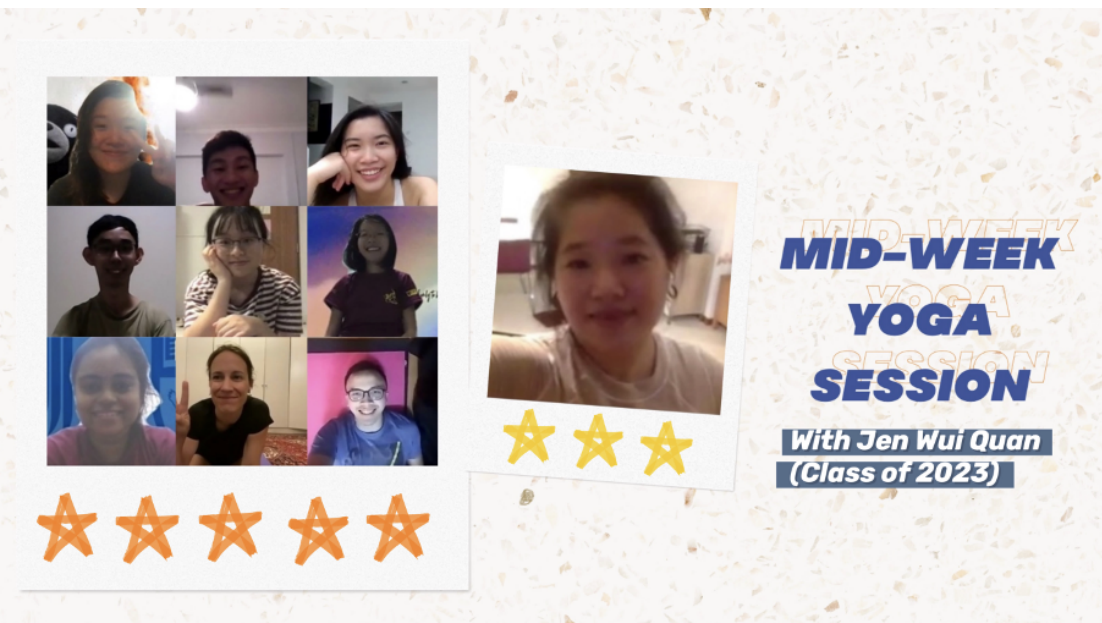
Dr Tan Bobby (Class of 2018)

SHS Pathology

Dr Alfonso Tan (Class of 2019)

This year, we tried something new by letting our alumni know about the new matches according to their specialties. It was delightful to see a series of gatherings (with proper safe distancing measures in place) that followed. Here are some snapshots to remember these gatherings by!





NEW E-VENTS: YOGA SESSION AND TRIVIA NIGHT

On 23rd September 2020, we organised another virtual event for our alumni: a mid-week Yoga session, with Jen Wui Quan (Class of 2023) as our instructor for the evening. We extended the invitation to students and members of the Alumni Relations team joined in as well. We need only prepare our own mats to learn basic yoga in just half an hour. For some of us, it was our first time trying out yoga and it was a very therapeutic and rewarding session.

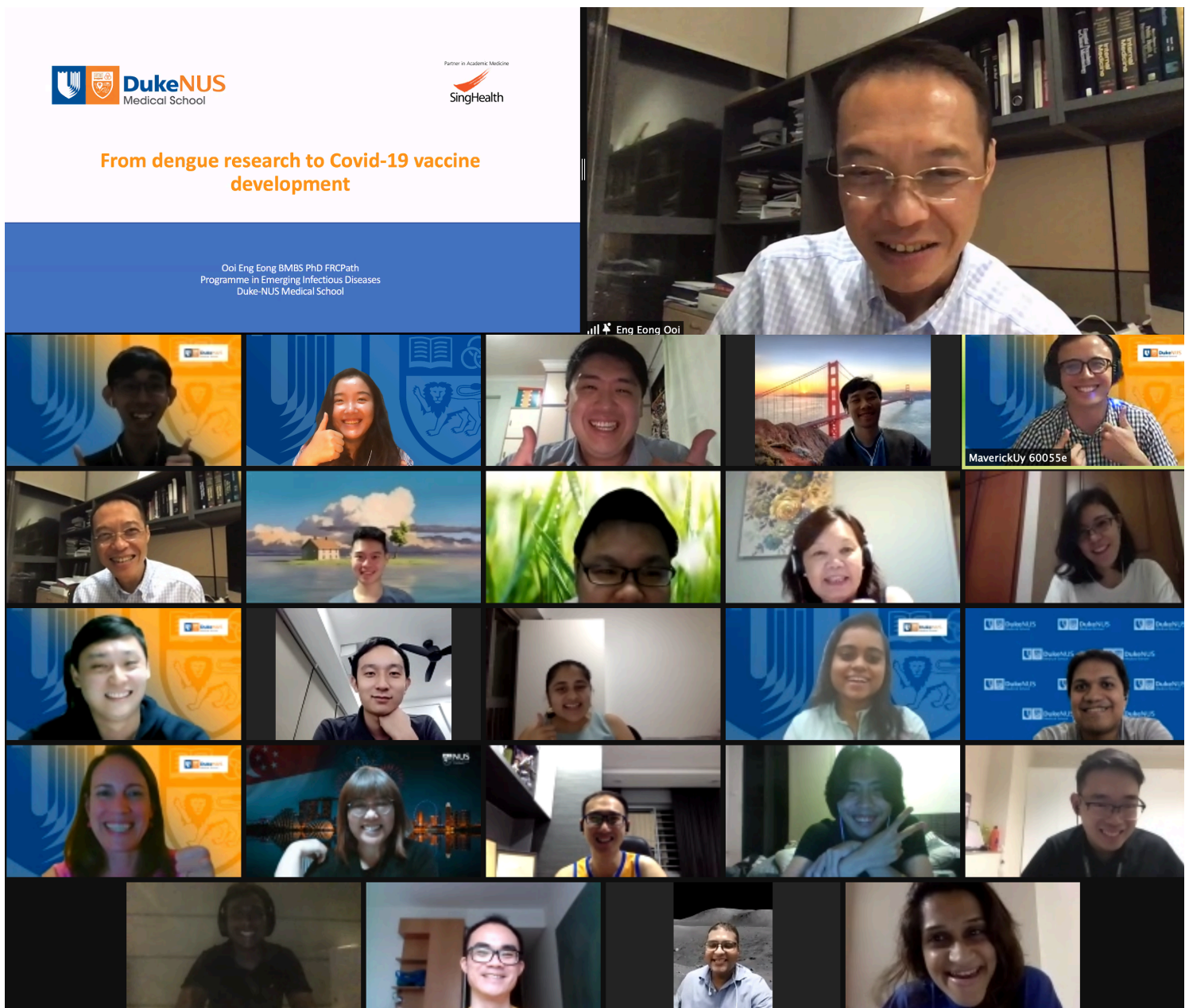


In December 2020, we organised our first ever Trivia Night for alumni and students. Alumni and students signed up in groups of five and some of them even met up face-to-face for a good meal before the event (while adhering to Phase 2 guidelines). It was a very enjoyable night and the competition was neck-to-neck, with an alumni team emerging victorious and two other teams clinching joint 2nd.

NEW E-VENTS

CONVERSATION WITH PROF OOI ENG EONG

On 19th October 2020, we invited alumni and students for a conversation with Prof Ooi Eng Eong, the co-director of the Viral Research And Experimental Medicine Centre at SingHealth Duke-NUS (ViREMiCS). Prof Ooi kick-started the session by introducing us to his research experience in dengue and other Aedes-borne flaviviruses, and the development and evaluation of novel therapeutics and vaccines. Of course, all of us were especially interested in learning more about his work involving COVID-19 and a vaccine for it, and it was especially valuable and inspiring to have the principle investigator who is developing a self-replicating mRNA COVID-19 vaccine (in partnership with Arcturus Therapeutics) to share with us his journey and insights.





On 26 March 2021, we organised a virtual leather-crafting workshop, where our alumni and their loved ones had a fun hour making a creative craft piece. Having experienced several other virtual events over the past year, we wanted to try something hands-on, and being able to put the end-products to good use after the event. The workshop started with some fun facts about leather before we went ahead with making our own coin pouches and key fobs.



LEATHER CRAFTING WORKSHOP AND PERSONAL FINANCE TALK

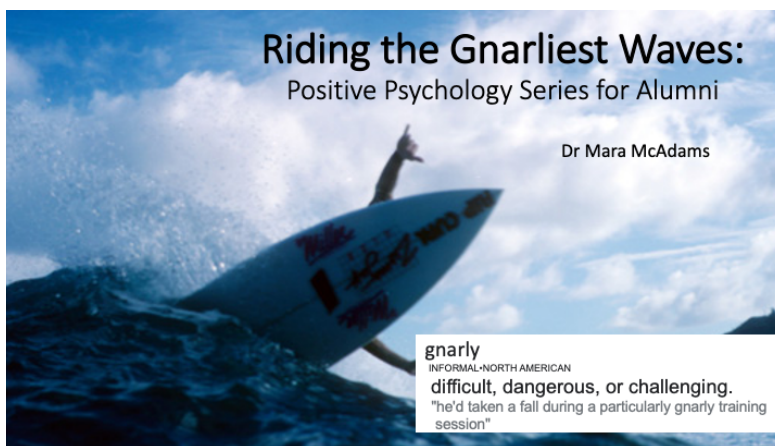
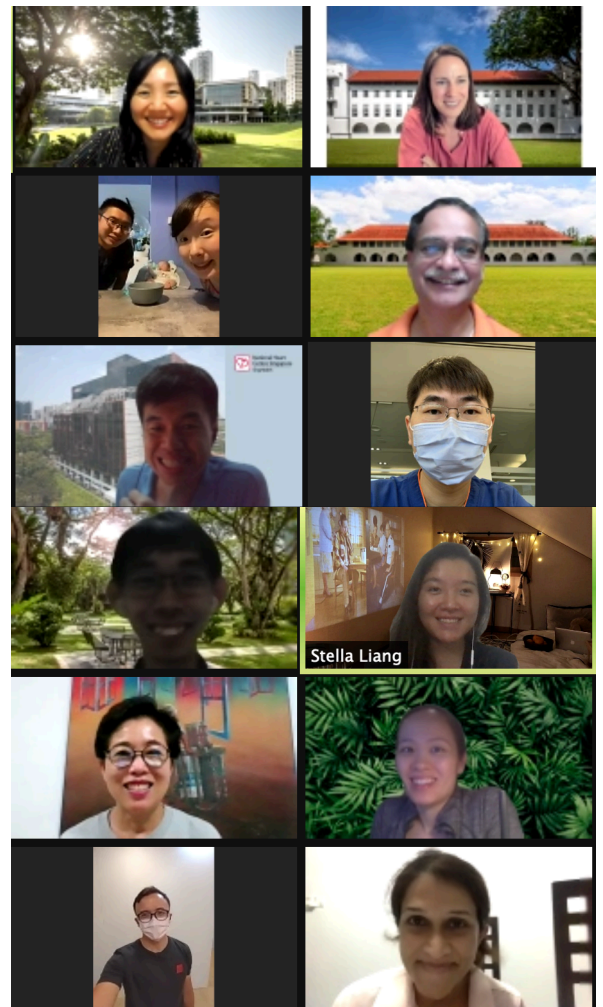
Another novel 2021 e-vent we organised was a much-requested talk about personal finance for our alumni and MS4 students. Our speaker was none other than Yong Jie, who is part of the Alumni Relations team, and he tailored the talk to address some of the most pressing concerns and questions that our alumni and students had. Listing six steps, he explained what good personal finance is and how we can achieve and maintain finance independence.



HEALTH & WEALTH SERIES

This year, from April to August, we collaborated with NUS BIZAlum office to run a Health & Wealth Series for alumni from both faculties. This is Duke-NUS Alumni Relations' first formal collaboration with another alumni group within NUS.

The first part was a five part Positive Psychology series with Dr Mara McAdams, conducted fortnightly, from April to June. Dr Mara introduced Positive Psychology as a tool to enhance wellbeing and resilience. Each session included a didactic lecture and a practice, and there was also a WhatsApp group for participants to share their experiences with the practices.



The second part of the Health and Wealth Series is the “Improve Your Financial Health” programmes. The first session “Understanding and improving your financial health” was by Mr Kenneth Lou (NUS BBA '17), the cofounder and CEO of Seedly, a fintech start-up which has grown to become Singapore's biggest personal finance community. The second session “Real Estate – Your Investment Strategy Matters” was a talk on real estate investment by Ms Julia Goh (NUS BBA '97), the Associate Division Director of Propnex Realty, who shared her extensive experience in a wide range of real estate transactions in private residential properties.



ALUMNI TEACHING AND SHARING

Despite the limitations in having face-to-face events and talks this year, our alumni still managed to engage in quite a few teaching and sharing sessions. Here are some highlights from their contributions:



Life After Duke-NUS

Dr Lim Eng How (Class of 2019)
NUHS Internal Medicine Resident



Dr Lim Eng How was invited to a webinar to share about his housemanship and how he chose his specialty for residency. He also provided insights into his medical life after graduating, sharing about the various training options and experiences that followed the end of his Duke-NUS journey.

Our alumni from Class of 2013, **Dr Paul Tan, Dr Sarah Lin and Dr He Yingke**, were featured by the Duke-NUS Anaesthesia Student Interest Group. They shared about their journeys and experiences as anaesthetists, answering questions such as 'What does your day look like?' and 'Any advice for aspiring anaesthetists?'. If you are interested, please head over to their [Facebook page](#) to find out more!

DUKE-NUS ANESTHESIA SIG PRESENTS

ANESTHETIST ON-CALL



Be very clear why you choose anesthesia; it shouldn't be a specialty of exclusion if not you won't stay long in this profession/specialty.

— *Dr Sarah Lin*
SENIOR RESIDENT
SINGHEALTH



PGY1 PREP TALK AND SHARING

On 27 May 2021, we welcomed the Class of 2021 to Duke-NUS Medical Alumni and to their PGY1 journey. After an introduction on the benefits of DNMA membership, alumni privileges and engagements, we moved on to an extremely insightful sharing session by senior alumni. Our alumni, Drs June Yu and Dave Ng (Class of 2020), having nearly finished their PGY1 year, talked about their daily schedules and experiences, and their takeaways from their respective postings. Up next, Dr Gwen Hwang (Class of 2018) shared her perspective as a Medical Officer (MO) and gave some very useful tips for preparing for residency.



ALUMNI ACHIEVEMENTS AND AWARDS

Residency Graduands

Advanced Internal Medicine

Dr Maeda Momoe (Class of 2014)
Dr Wong Hai Liang Marc (Class of 2015)

Anaesthesiology

Dr He Yingke (Class of 2013)
Dr Lin Huixin Sarah (Class of 2013)
Dr Tan Hon Sen (Class of 2013)

Cardiology

Dr Wang Yue (Class of 2013)

Emergency Medicine

Dr Wong Zi Yang (Class of 2014)
Dr Zhang Yuan Helen (Class of 2015)

Family Medicine

Dr Dypti Lulla (Class of 2016)
Dr Eric Tao Chan (Class of 2016)

Gastroenterology

Dr Lim Miao Shan (Class of 2011)

General Surgery

Dr Darius Aw Kang Lie (Class of 2014)

Geriatric Medicine

Dr Tay Yu Ling (Class of 2014)

Medical Oncology

Dr Zhang Zewen (Class of 2013)

Obstetrics & Gynaecology

Dr Wong Ker Yi (Class of 2012)

Ophthalmology

Dr Beau James Fenner (Class of 2014)

Orthopaedic Surgery

Dr Chew Zhihong (Class of 2013)
Dr Kizher Shajahan Mohamed Buhary
(Class of 2012)

Paediatrics

Dr Ang Siok Hoon (Class of 2013)
Dr Cheah Sue Mei (Class of 2013)
Dr Syeda Kashfi Qadri (Class of 2012)
Dr Tan Sher Kit Juliet (Class of 2012)

Plastic, Reconstructive and Aesthetic Surgery

Dr Feng Jiajun (Class of 2012)

Rheumatology

Dr Tan Tze Chin (Class of 2011)

New Appointments At Duke-NUS

Dr Kwok Sze Nga, Cecilia (Class of 2011)

Co-Course Director for Brain and Behaviour course, Programme Co-ordinator (SGH) for Psychiatry Clerkship, Clinical Assistant Professor

Dr Ko Kwan Ki, Karrie (Class of 2011)

Clinical Assistant Professor

Dr Goh Junyang, Ken (Class of 2012)

Clinical Assistant Professor

National Research Awards

NMRC RESEARCH TRAINING FELLOWSHIP

Dr Ko Kwan Ki Karrie (Class of 2011)

MOH HEALTHCARE RESEARCH SCHOLARSHIP MASTER OF CLINICAL INVESTIGATION (MCI) PROGRAMME

Dr Feng Jiajun (Class of 2012)

Dr Chen Kaina (Class 2015)

Dr Tan Zehao (Class of 2015)

We strive to stay updated to our alumni's achievements. If you or your classmates win any awards or completed your training at other SIs, please feel free to share the news your achievements with us!



Dr Tan Hong Sen Paul *Class of 2013*

NATIONAL OUTSTANDING CLINICIAN SCIENTIST RESIDENT AWARD

Dr Paul Tan Hon Sen won the National Outstanding Clinician Scientist Resident Award. The award, first introduced in 2017, recognises Clinician Scientist Residents for their outstanding performance and contribution in clinical training and research to improve patient care. It is given to only two clinician scientist residents each year and out of the eight recipients so far, four are Duke-NUS alumni. Dr Paul Tan's research focuses on improving the way analgesics are administered to better meet the pain relief needed by individual patients through better prediction before surgery or childbirth and developing technology so that patient experiences, efficiency and outcomes can be improved.

SINGAPORE HEALTH QUALITY SERVICE AWARD 2021 COVID-19 EDITION SUPERHERO MERIT AWARD

Dr Wu Hong King received the Singapore Health Quality Service Award 2021 COVID-19 Edition Superhero Merit Award for his contributions as a liaison officer under Taskforce Assurance at a dormitory complex. He led the medical team to provide vital healthcare services and found ways to improve the lives of those under his care. The Singapore Health Quality Service Awards honour outstanding healthcare professionals who delivered quality care and excellent service to patients. Celebrating unity, the COVID-19 edition focused on individuals and teams who have contributed significantly to the nation's fight against COVID-19.

Dr Wu Hong King *Class of 2017*



Alumni Survey 2020

187 of 440 alumni (42.5%) responded to our alumni survey in 2020. This is the highest response rate for the Biannual Survey thus far, giving us valuable feedback and information about their current and intended involvement in research and leadership positions, and their aspirations for a Clinician Plus career. This survey also helps us plan for ways that we can continue to assist our alumni in their

Research and Leadership



60%

112 out of 187

graduates were active in research, as evidenced by academic output, some with research output in multiple categories.

75 graduates (40%) have served in a leadership capacity in the past two years. The types of roles include research protocol guideline development, residency committee member, hospital committee member, Duke-NUS Medical Alumni committee member and others (QI project leader, COVID-related policy).

Intended Career

44% of the respondents intend to pursue a 'Clinician Plus' career.



20% indicated interest in Clinician Educator as an aspect of their intended career



9% indicated interest in Clinician Leader as an aspect of their intended career



15% indicated interest in Clinician Scientist as an aspect of their intended career



FINANCE

The Duke-NUS Medical Alumni (DNMA) was officially registered with the Singapore Registry of Societies on 15th April 2013. Its place of business is at Alumni Relations, Duke-NUS Medical School Singapore, 8 College Road, Singapore 169857.

Since DNMA's inception in April 2013, no entrance fees and subscriptions were collected from the members and all expenses were borne by the School's Alumni Relations office.

There are no income and expense as well as assets and liabilities for the financial period, 1st April 2020 to 31 March 2021.

The Management Committee will take responsibility for preparation of DNMA's financial statements that give a true and fair view in accordance with the Singapore Financial Reporting Standards, and for devising and maintaining a system of internal accounting controls sufficient to provide a reasonable assurance that assets are safeguarded against loss from unauthorised use or disposition; and transactions are properly authorised and that they are recorded as necessary to permit the preparation of true and fair profit and loss accounts and balance sheets and to maintain accountability of assets.

ACKNOWLEDGEMENT

Special thanks for your guidance and support of DNMA!

Mr Goh Yew Lin

Chairman, Duke-NUS Governing Board

Prof Thomas Coffman

Dean

Prof Ian Curran

Vice Dean (Office of Education)

Mr Tony Chew

Honorary Member of DNMA

Founding Chairman, Duke-NUS Governing Board

Mr Kai Nargolwala

Former Chairman, Duke-NUS Governing Board

Dr Mara McAdams

Associate Dean (Alumni Relations)

Ms Maria Tan

Senior Manager (Student Affairs and Alumni Relations)

Mr Wong Yong Jie

Senior Executive (Alumni Relations)

Ms Stella Liang

Executive (Alumni Relations)

...as well as other DUKE-NUS staff and friends for always supporting and believing in us!



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