Tracking progress in active, healthy and inclusive ageing in Asia and the Pacific

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Workshop on Integrating Policy and Research on Ageing and Health in ASEAN: Conversations Across the Policy and Research Divide

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ESCAP ….

Is the regional development arm of the United Nations for the Asia-Pacific region

… uses its convening power to bring countries together to address issues through regional cooperation

ESCAP work rests on three pillars

Inter-governmental: Policy-making

Analytical: Research

Technical cooperation

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Countries in Asia-Pacific are ageing at an unprecedented pace

14%

1950 1955 1960 1965 1970 1975 1980 1985 1990 1995 2000 2005 2010 2015 2020 2025 2030 2035 2040 2045 2050 2055

France — 115 yrs
Sweden — 85 yrs

Japan — 24 yrs

New Zealand — 63 yrs

Russian Federation — 49 yrs

Republic of Korea — 18 yrs

China — 17 yrs

Thailand — 20 yrs

Turkey — 20 yrs

Sri Lanka — 18 yrs

Viet Nam — 15 yrs

Guam — 23 yrs

Azerbaijan — 27 yrs

Nepal — 23 yrs

20 yrs

7%

Source: United Nations, Department of Economic and Social Affairs, Population Division (2019). *World Population Prospects 2019, Online Edition.*

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In Asia-Pacific, people still live between 19 and 30 years after retirement

(life expectancy at birth at the respective retirement age)

Retirement age

Male ■ Female ■

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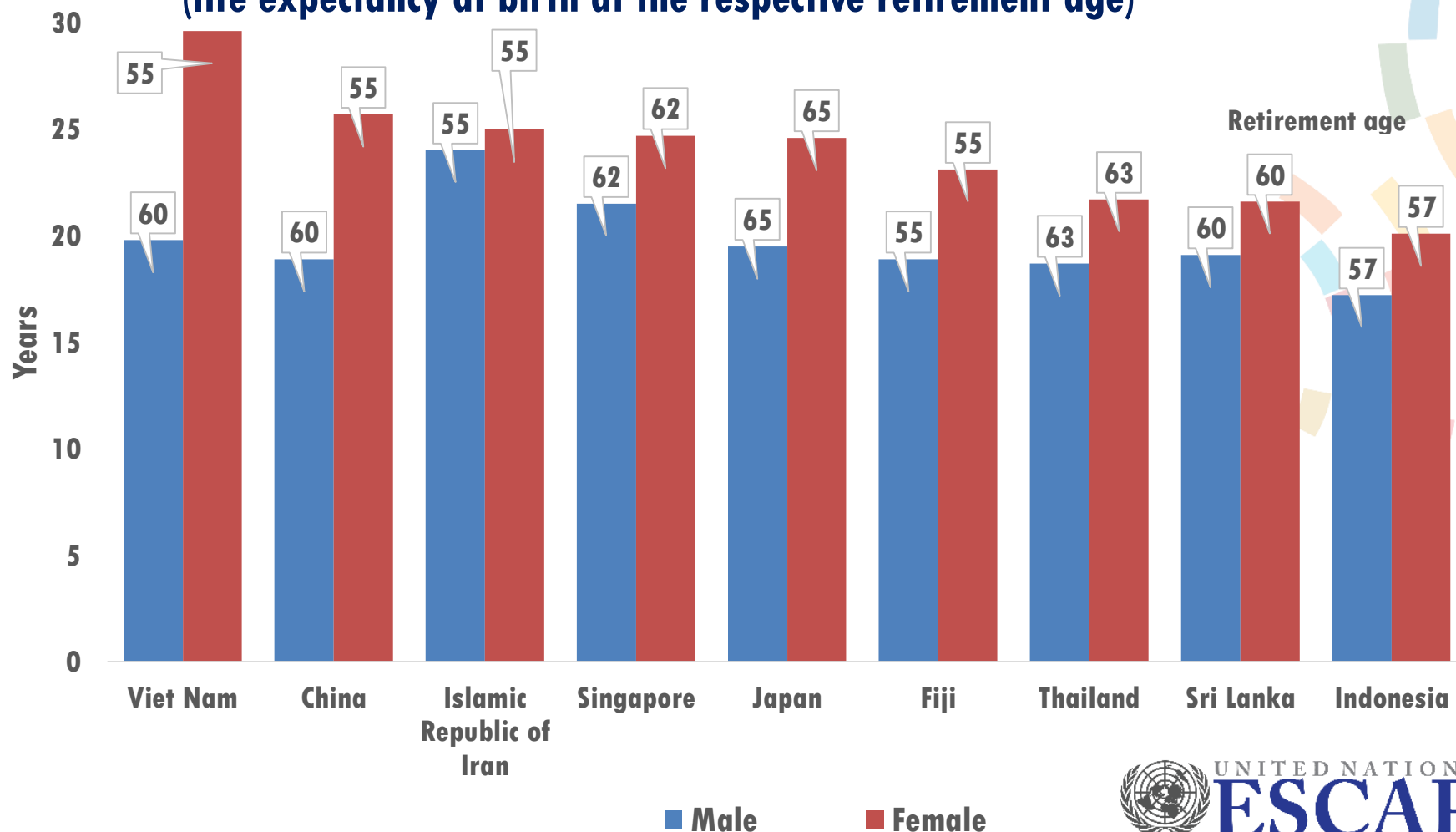
In ASEAN, older persons often spend up to 10 years with impairments

(life expectancy at birth (dark color) vs. healthy life expectancy at birth (light color), 2015-2020)

Male

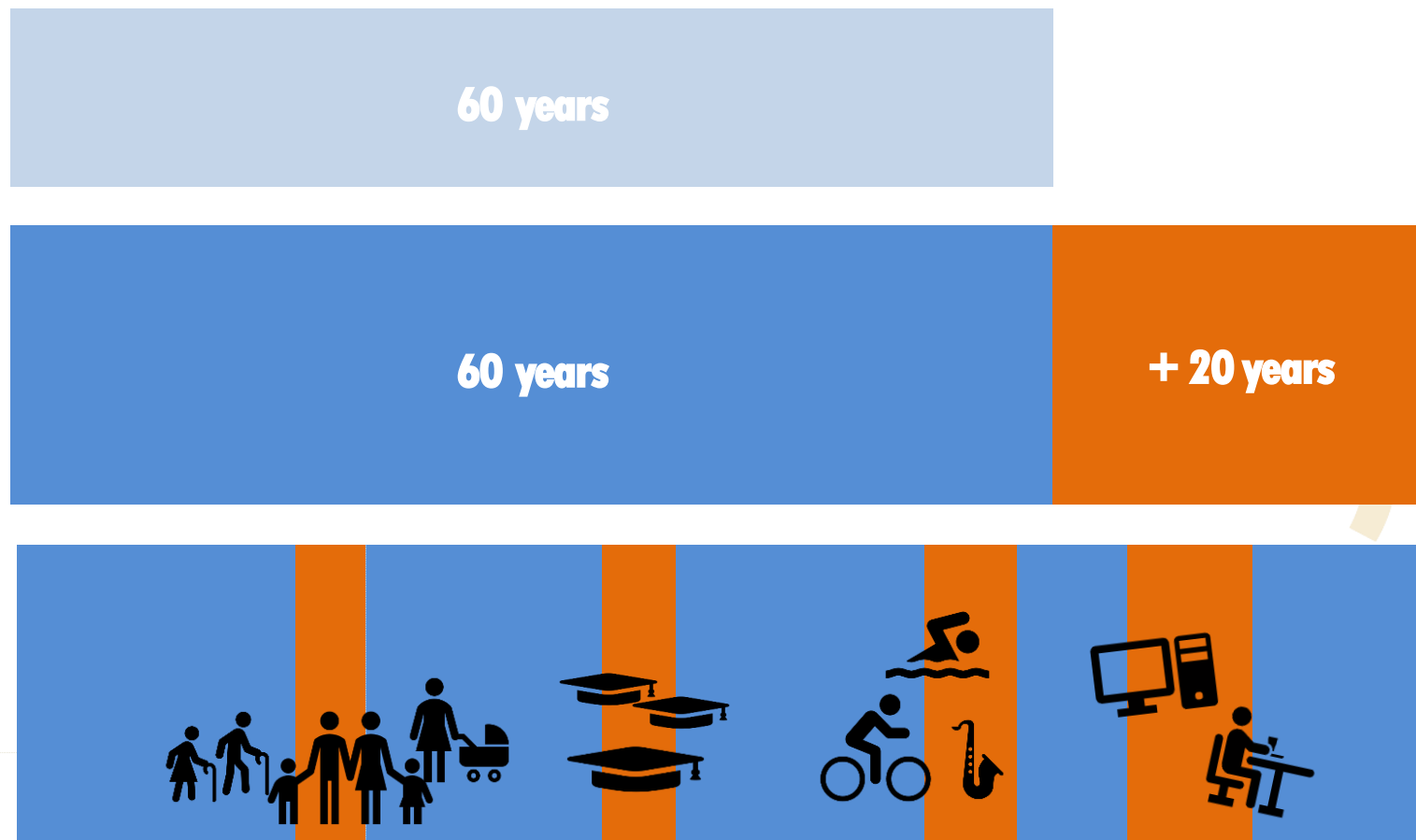| Country	
Brunei Darussalam	
Cambodia	
Indonesia	
Lao PDR	
Malaysia	
Myanmar	
Philippines	
Singapore	
Thailand	
Viet Nam	

Female

years

A life course approach to population ageing

ESCAP work on population ageing

Support MIPAA review
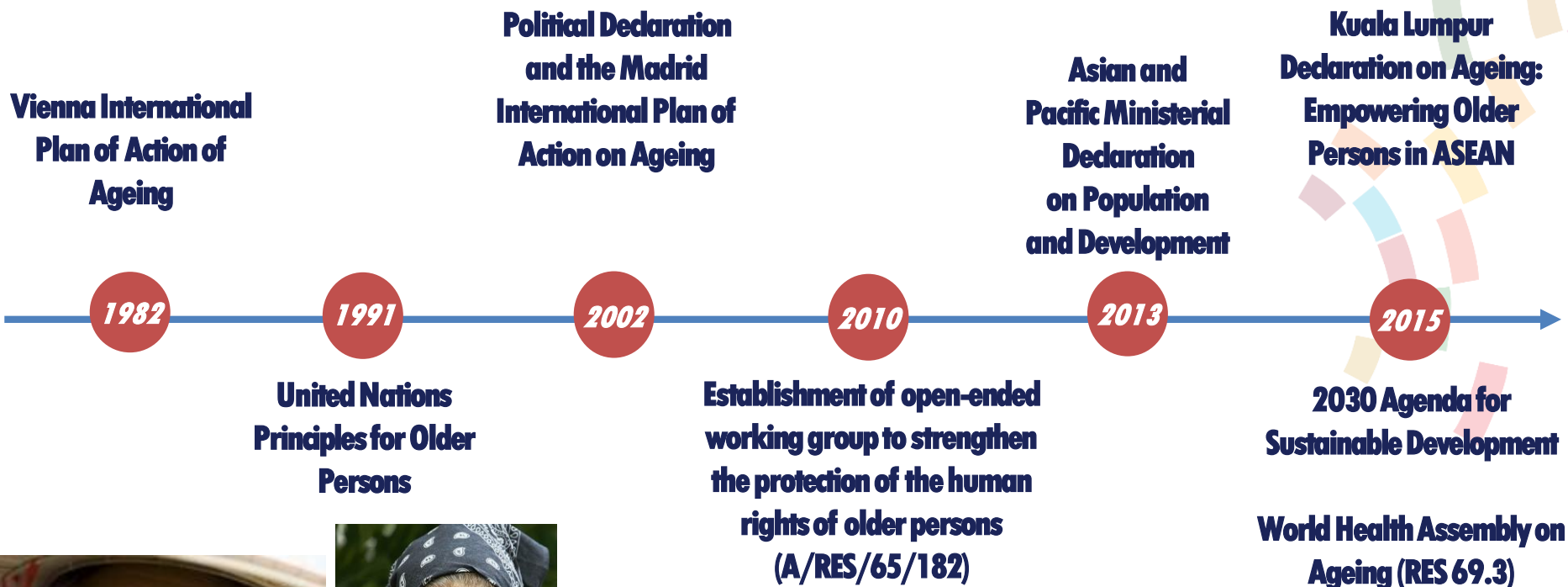
Research and analysis
on levels, trends and policies

Capacity-building on data,
pensions

Ageing policy template -
Active ageing index/dashboard

ICTs

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High-level political declarations and agreements with reference to older persons

Vienna International Plan of Action of Ageing

1982

United Nations Principles for Older Persons

1991

Political Declaration and the Madrid International Plan of Action on Ageing

2002

Establishment of open-ended working group to strengthen the protection of the human rights of older persons (A/RES/65/182)

2010

Asian and Pacific Ministerial Declaration on Population and Development

2013

Kuala Lumpur Declaration on Ageing: Empowering Older Persons in ASEAN

2015

2030 Agenda for Sustainable Development

World Health Assembly on Ageing (RES 69.3)

Madrid International Plan of Action on Ageing (MIPAA)

Global guiding document on population ageing

PRIORITY DIRECTION:

I.   **Older persons and development;**

II.   **Advancing health and well-being into old age;**

III.   **Ensuring enabling and supportive environments.**

MIPAA and 2030 Agenda

The 2030 Agenda is a holistic agenda - emphasizing the need to leave no one behind

MIPAA and the 2030 Agenda are complimentary

MIPAA provides a more detailed action plan for older persons

SDGs and population ageing

Call for: high-quality, timely and reliable data disaggregated by income, **gender, age**, race, ethnicity, migratory status, disability, geographic location and other characteristics relevant in national contexts (A/RES/70/1 - para 17.18)

SDG 1 – no **poverty**

SDG 2 – end **hunger**

SDG 3 – **healthy lives** and **well-being** at all ages

SDG 5 – **gender equality** for all women

SDG 8 – inclusive and **sustainable economic growth**, full and productive **employment** and decent work for all

SDG 10 – reduce **inequalities**

SDG 11 – **sustainable cities**

Overarching principles of National Policy on Older Persons

VISION

A healthy, empowered and active older population today and in the future supported and enabled over their life course to live a quality life with dignity and respect

PURPOSE

To provide a comprehensive framework and guide for enhancing the quality of life of older women and men

OBJECTIVES

- **Provision of coordinated services for older persons which are affordable, accessible and gender-sensitive**
- **Recognition and protection of the human rights of older persons**
- **Provision of a positive image of older persons**
- **Integration of the needs of older persons in all programmes, plans and policies**
- **Inclusion of older persons in drafting, implementing and monitoring of programmes, plan and policies**
- **Recognition of a life course perspective of population ageing**

Elements of National Policy on Older Persons according to the MIPAA+

(national policy, legislation and action plans solely on older persons and ageing)

Older persons and development

Social Protection, poverty eradication and prevention	Education, knowledge, training
Intergene-rational solidarity	Migration, urbanization, rural development
Work and Labour	Emergency response and disasters

Advancing health and well-being

Mental health	Disability
HIV/AIDS	Healthy Ageing and NCDs
Health care training	Health care access

Environment

Care and Support (incl. for caregivers)	Living Environment
Neglect, Abuse, Rights	*National Plan on Ageing*
Images of Ageing	Data

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Elements of National Policy on Older Persons according to the MIPAA+

(national policy, legislation and action plans solely on older persons and ageing)

Advancing health and well-being

Mental health	Disability
HIV/AIDS	Healthy Ageing and NCDs
Health care training	**Health care access**

Increase access to resources for those who are **poor** or live in **rural** areas.

Reduce **cumulative** effects of factors that increase the risk of disease and potential dependence.

Strengthen primary health-care to meet the **needs** of older persons.

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Elements of National Policy on Older Persons according to the MIPAA+

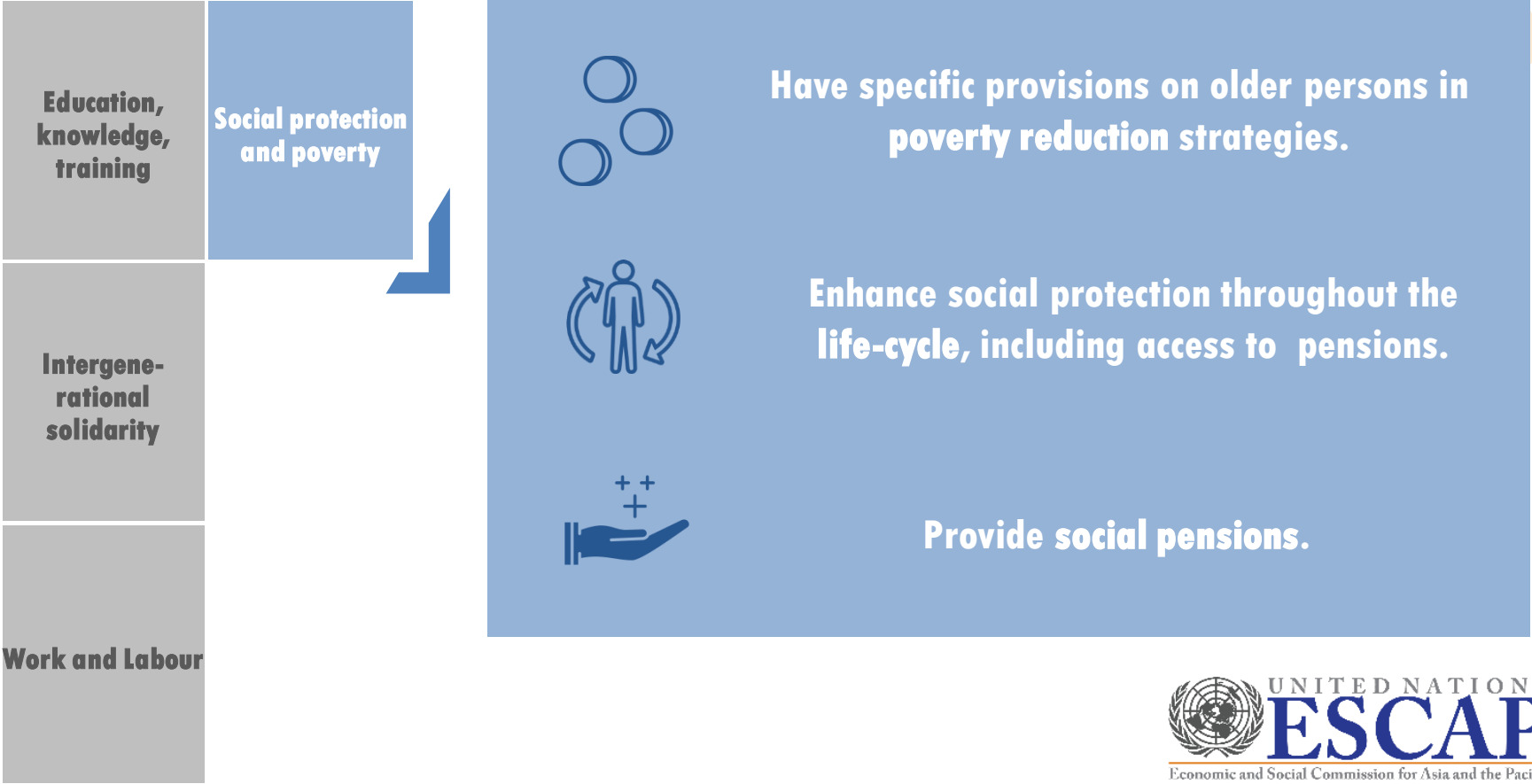**(national policy, legislation and action plans solely on older persons and ageing)**

Environment

Care and Support (incl. for caregivers)	**Living Environment**
Neglect, Abuse, Rights	
Images of Ageing	

Provide affordable and age-friendly housing options for older persons.

Improve accessibility and affordability of transportation options.

Promote the development of age-integrated communities.

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Elements of National Policy on Older Persons according to the MIPAA+

(national policy, legislation and action plans solely on older persons and ageing)

Older persons and development

Education, knowledge, training	Social protection and poverty

Have specific provisions on older persons in poverty reduction strategies.

Enhance social protection throughout the life-cycle, including access to pensions.

Provide **social pensions**.

Intergene-rational solidarity

Work and Labour

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General human rights challenges for older persons

Discrimination

Age-discrimination, also combined with other forms (such as the multiple discrimination of older women).

Poverty

Homelessness, malnutrition, unattended chronic disease, lack of safe drinking water and sanitation, financial exploitation, lack of legal capacity.

Violence and Abuse

Physical, emotional, and/or sexual, in care facilities, communities and families, often underreported and under-documented.

Lack of Specific Measures and Services

Lack of specialized services such as residential centers and long-term care programmes.

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Specific human rights considerations for older persons

Equality and non-discrimination	**Health support, including long term and palliative care**	**Social security and social protection**
Right to work	**Legal Capacity**	**Right to be free from violence and abuse**
	Participation in policymaking, political and cultural life	**Right to an adequate standard of living**

Template for National Policy on Older Persons

COUNTRY NAME

Demographic situation — **Population 65+, old-age dependency ratio**

Institutional Arrangements, Ageing Focal Point, National Plans on Ageing: **Ministry of Health, Ministry of Older Persons, etc.**

Data: **Census, Older Persons' Survey**

MIPAA input: **2007, 2012, 2017**

Overarching principles
- **Vision:**
- **Purpose:**
- **Objective:**
- **Human Rights considerations:**

Policy considerations
- **Older persons and development**
- **Advancing health and well-being**
- **Environment**

Dashboard of policies/list of indicators: Data requirements

MIPAA Priority direction 2: Advancing health and well-being into old age

Percentage of older persons

- … covered by **health insurance**
- … with **free access** to health care
- … who are **satisfied** with their **care** arrangements
- … whose healthcare **needs are met**
- … with **disabilities** with access to **assistive devices**
- … that has **convenient** access to public transport by sex, and disability status
- … who are **satisfied** with their current **living** arrangements
- … living in **age-friendly housing**

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Population ageing agenda ….
… an agenda for all generations

THANK YOU!

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